



# Hart Monitor

February 2018

We Love Music



Music is an integral part of Little Harts. There is music playing when the children enter their rooms in the morning and each daily theme has its songs or music to add to the listening experience. We love singing for you at all our parties. Miss Stephanie, our music specialist, enjoys teaching the Music Class at Little Harts on Fridays. She tells us they have spent time exploring boats and water and imagining what they can see in the ocean. They made their flashlight stars dance on the ceiling and made ocean and boat sounds with rhythm instruments.

The kids think they are just having fun, but studies show that early music education stimulates a child's brain, leading to improved performance in verbal intelligence. Our Kindermusic curriculum also develops children physically as they experiment with different ways to move, and develops their imagination as the lessons takes them to wonderful places like the park, a train ride, or out on the ocean on a boat. Singing and imagining together develops a sense of community and encourages social interaction. We encourage you to sing together and bring uplifting music into your home to further enjoy the wonderful benefits music will have on your child.



Through participation in the preparation of food young children learn much about their world, their environment and themselves. They develop language skills as they ask, answer and listen. They develop eye and hand coordination as they measure, pour, stir, pat, chop and roll. They see how ingredients change as they react to moisture and heat as well as learn principles of measurement. They learn to work and take turns with others and feel the satisfaction of creating something yummy. When children help prepare a food

they are more likely to taste something new. At Little Harts we enjoy food preparation experiences a couple of times each month. Each food experience goes with the theme of the day or is part of the Friday Story Cook program. In February for Story Cook day we read the book "Pete's a Pizza" then everyone made their own mini pizza for snack time. For Cowboy/Cowgirl Day we will be making "Chuck Wagon Biscuits". Be sure to have your child help with the cooking at home. You will enjoy the time together and help your child grow and learn in the process.



## A visit from Gina Giraffe:

Kid's Pediatric Dentistry visited our school and taught us about what the dentist does. Using Gina the Giraffe the kids could see what instruments a dentist uses on their teeth and learn how that keeps our teeth healthy. Learning about the dentist in such a fun way can help reduce any anxiety about visiting the dentist.

Coming Up: Cowboy/Cowgirl Day is Feb. 26<sup>th</sup> and 27<sup>th</sup>. Kids can wear their cowboy/cowgirl outfits if they have some, but don't feel you have to go out and buy clothes! We have made bandanas here at school, and we will make a paper cowboy hat. Ya-hoo! Giddy-up!

**We are looking forward to the Fireman's visit on Feb. 28<sup>th</sup> and March 1<sup>st</sup>.**